

“Pawnee Pride Fitness Camp” Informed Consent Form

“Pawnee Pride Fitness Camp” is a free camp beginning June 8, 2026, and ending July 30, 2026. The Camp is for Pawnee Middle and High School students, held at the Pawnee Football Fieldhouse, Pawnee High School Weight Room, or the Pawnee Nation Gymnasium (Blue Gym), depending on grade level.

The undersigned hereby gives informed consent for their child to engage in fitness class called “Pawnee Pride Fitness Camp”. There exists the possibility that certain detrimental physiological changes may occur during exercise. These changes could include (but not limited to) muscle injury and soreness, abnormal heartbeats, abnormal blood pressure and in extremely rare instances, a heart attack and even death.

The undersigned also hereby gives informed consent for the Pawnee Nation Diabetes Program to take Pre- and Post-body measurements (height, weight, and BMI) and blood pressure of their child for grant reporting purposes.

In the event of a medical problem, I further recognize that any medical care that may be required is my personal financial responsibility. I am also fully aware that the instructors are certified in CPR/first aid. The Pawnee Nation and Pawnee Public Schools will not be held liable for any injury or death resulting from participation in any physical fitness program.

I have read this form and understand that there are inherent risks associated with any physical activity that my child participates in and recognize it is my responsibility to provide accurate and complete health/medical information. It is the parent/guardian’s responsibility to monitor your child’s individual physical performance and recovery.

Parent Signature

Date

Email

Phone number

Child’s Name

Date of Birth

Shirt size

Participant Group Selection (Required) Please check the group your child will attend:

High School Boys (Grades 9–12)

Football Fieldhouse
7:30 AM – 9:30 AM (M, T, TH, F)

High School Girls (Grades 9–12)

High School Weight Room
7:30 AM – 9:30 AM (M, T, W, TH)

Middle School Boys & Girls (Grades 6–8)

Pawnee Nation Gymnasium (Blue Gym)
10:00 AM – 12:00 PM (M, T, TH)
Supervised by Chebon Gooden & Suzy Knife Chief

By selecting a group above, I understand my child is expected to report to that location and time based on their grade level.

Please return this form to the Pawnee Nation Diabetes Office by May 29, 2026.

Suzy Knife Chief: sk0072@pawneenation.org or

Chebon Gooden: cg1030@pawneenation.org